

# The Scoop

## Christmas Eve & Christmas Day

Reservations begin at 9:00 a.m. Friday, December 15, for both Christmas Eve Candlelight Dinner and Christmas Day Brunch. Please call ext. 7645. Limited seating is available. Maximum party size is eight.

### Menu Details

The Christmas Eve Dinner will feature lobster bisque, seared scallops, beef medallion, mousse cake, and more!



A variety of breakfast items will be available for Christmas Day Brunch in addition to roasted turkey, Angus NY strip steak, eggnog, and a variety of seasonal desserts.

### Christmas Day in The Bistro

- **Breakfast** 7:30—10:00 a.m.
- **Holiday Brunch** 11:00 a.m. - 1:30 p.m. for to-go orders and walk-ins
- **Grab & Go Sandwiches, Salads and Soup for Takeout** 3:00—6:00 p.m.

The Bistro will be open normal hours with the regular menu **Christmas Eve**.

## New Year's Eve & New Year's Day

Reservations begin at 9:00 a.m. Friday, December 22, for both New Year's Eve Candlelight Dinner and New Year's Day Brunch. Please call ext. 7645. Limited seating is available. Maximum party size is eight.

### Menu Details

The New Year's Eve dinner will feature lamb shank, poached lobster, a white & dark chocolate crunch cake, and more!

There will be ham, black eyed peas, stewed tomatoes, and a variety of breakfast selections available for New Year's Brunch.

### Bistro

The Bistro will be open normal hours with the regular menu on both New Year's Eve and New Year's Day.

## Additional Details

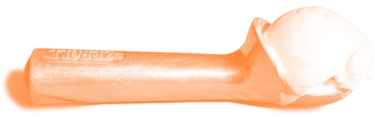
Please reference the [Holiday Booklet](#) for the full menus and additional details for the holidays. The booklet will also be slotted in your mailbox.



**Happy Holidays**  
from Dining Services

We hope you enjoy dining with us this holiday season!

Special Menu Guide



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## Holiday Eating Tips



Here are a few strategies to help you enjoy your holiday parties without overindulging:

- ◆ Bring a healthy dish to the party like [these](#) chile lime roasted cashews.
- ◆ Scan the buffet before you decide what you want. Focus on getting your favorite items and skip items that don't bring you joy.
- ◆ Eat close to your normal schedule and avoid skipping meals.
- ◆ When in doubt, cut down on alcohol. There is no nutritional benefit to it and drinking in excess can lead to mindless eating.

Ultimately, remember that one holiday meal will not make or break your wellness goals. Enjoy a slice of apple pie, have a mug of hot chocolate with friends, and focus on enjoying the moment!



Kudos on a well-run, beautifully displayed, and delicious Thanksgiving meal!

I'm grateful to all our team members who give up time with their own families to serve us.



Regarding the Diwali Dinner, the Mulligatawny soup and the Chicken Tikka Masala were totally delicious. The presentation was beautiful, and service excellent. I love these ethnic festive dinners. GHBC staff did a smooth, beautiful professional job.



The Butternut Squash and Pickled Cherry Salad is also wonderful, EXCEPT the Feta is goat cheese, and that fact is not stated. Not everyone eats goat cheese. Could you possibly switch the feta cheese to cow's milk cheese?

*We apologize for the error in your order. Instead of the Bulgarian feta cheese made with cow's milk that we typically use, our cook accidentally put goat cheese on your salad.*

