



Goodwin House Bailey's Crossroads

December 22, 2022

Dear Residents,

As we all watch the global news headlines, it becomes clear that the higher transmission rates seen in other parts of the world are arriving here. In addition to COVID rates, other respiratory illnesses are also on the rise, presenting us all with even more challenges.

This week, the Infection Precaution and Planning (IPP) team met to discuss these trends and considerations for the health and safety of residents, team members, guests and the greater community around us. The IPP team also reviewed transmission rates in Alexandria and Fairfax County, along with guidance from the Centers for Disease Control (CDC) for COVID, the flu and RSV (respiratory syncytial virus).

All guidance suggests that COVID, flu and RSV transmission rates and cases will remain high in the United States at least through January. In addition to spreading cheer, the winter holidays can also spread viruses in these unfortunate conditions.

Given the high regional transmission rates and our desire to get ahead of possible spread on our campuses—Goodwin House Alexandria, Goodwin House Bailey's Crossroads and The View Alexandria—the IPP team has updated our guidance:

- We strongly encourage residents to wear masks whenever outside their apartments.
- We strongly encourage all visitors to test for COVID before coming on campus.
- Residents who travel during the holidays are strongly encouraged to test following their return. Residents who travel internationally are required to wear a mask for five days following their return and self-test on day five.

- If you have been exposed to someone with COVID-19, be sure to wear your mask for 10 days when around others and notify the Clinic as soon as possible.
- Should any of our campuses experience an outbreak of positive cases, we may need to increase precautionary measures.
- We ask residents and guests alike to stay home if you feel any symptoms at all. Better safe than sorry.

Note on COVID Tests:

Visitors and residents can use any of the rapid tests that are available at pharmacies and retail stores or the free test kits that the federal government is offering. Every U.S. household is eligible to order four free at-home COVID-19 tests. They began shipping 12/19/22 and can be ordered online at www.covidtests.gov. Tests are also widely available for purchase through many online retail outlets.

Thank you and your loved ones for your support of these measures. Together, we can safely enjoy the holidays!

In service,

Justin Carwile

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